

Women's Volleyball Open Tryouts

Friday February 24, 2012

5:00-8:00 PM

**Ander's Gymnasium: Bldg.C-18
8060 Spencer Hwy. Pasadena TX 77505**

Agenda

5 PM	Check-in and Statistical Assessment (vertical, agility, speed)
5:45-6:45 PM	Individual Skill Assessment
6:45-7:45PM	Game Skill Assessment
7:45-8PM	Q&A with Coaching Staff

**Bring a copy of your current physical, a signed waiver form,
bottled water, and wear volleyball attire to participate.**

Bring \$10 for an Athletic Training fee

San Jacinto College Women's Volleyball Open Tryouts Required Waiver Form

**THIS FORM MUST BE SIGNED AND TURNED IN AT REGISTRATION.
IF YOU ARE UNDER THE AGE OF 18,
YOUR PARENT(S) OR LEGAL GUARDIAN MUST SIGN THE WAIVER FORM.**

Warning – Assumption of Risk

There are many special benefits from the activities being afforded to students/athletes by the Volleyball Program at San Jacinto College. Within the activities it must be understood that there are dangers that lead to injury to students/athletes. Therefore the purpose of this section is to make all students/athletes aware that dangers do exist and that participation is voluntary with the understanding that risks are involved. It is to be further understood that students/athletes must share in this responsibility for their own safety and the safety of others as each participates in the Volleyball tryouts at San Jacinto College. The students/athletes participating in the tryout at San Jacinto College could injure the anatomy of either one or several of the following: Musculo- skeletal system, nervous system, circulatory system, respiratory system, digestive system, urinary system, reproductive system, endocrine system, and skin. Catastrophic injuries such as death, permanent paralysis and loss of organs may occur during sport participation. There is not an absolute preventative against any injury. San Jacinto College does not offer supplemental insurance to participants in the volleyball tryout at San Jacinto College. Any injury sustained by the students/athletes will be resolved by their own means.

Acknowledgement of Warning / Risk

By signing below, you acknowledge that you have read the " Warning – Assumption of Risk" statement and that you are aware there is a possibility you may incur an injury of varying temporary or permanent disability to any of the body's systems. Also, you acknowledge the risk of death, permanent paralysis, and loss of organs and lifelong disability that may occur as a result of the Volleyball tryout at San Jacinto College. Additionally, you agree to release San Jacinto College from any liability with regards to any injury sustained.

Before you are approved to participate, you are required to sign below acknowledging the above statements.

Student / Athlete

Date

Parent or legal Guardian
(if student athlete is under 18 yrs old)

Date